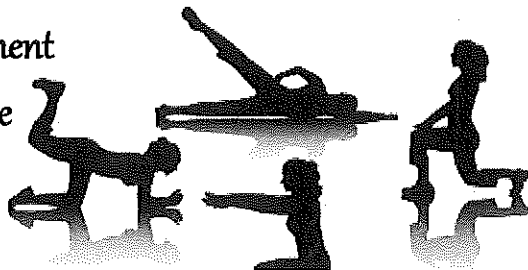


Gym Tonic Arcambal

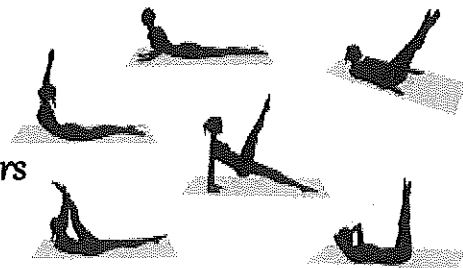
de 19h à 20h

Renforcement
Musculaire



Abdos

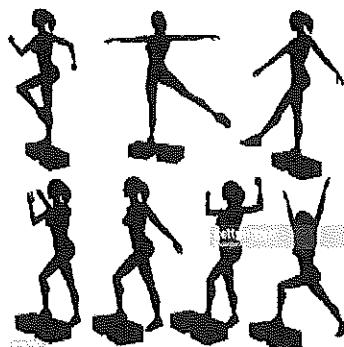
fessiers



Cardio



STEP de 20h à 20h30



Reprise des cours
le mardi 16 septembre 2025
Espace Culturel ARCAMBAL

Florence : 06 84 97 00 66